

# BOX CPR

## Course Brochure

First Aid Courses delivered at your premises





# QNUK Level 3 Award In Emergency First Aid at Work (RQF)



## Key Points

### Who Is This For?

This qualification is typically delivered over 1 day. It is for those working in lower risk workplaces, or higher risk workplaces with a small number of staff and visitors.

The qualification is open to those over 14 years of age, however only those over 16 can act as a sole first aider within the workplace.

- Regulated Qualification
- Meets HSE Requirements
- 6 Guided Learning Hours
- Valid For 3 Years
- Certificate Included
- Assessed By MCQs and practicaly observation



### CPR First Aid Training

If you require any additional services or quotes please don't hesitate to contact us using:

[BOXINGCPR@GMAIL.COM](mailto:BOXINGCPR@GMAIL.COM)

## Course Content

This qualification has been developed to meet the first aid training requirements outlined by the H.S.E.

### This Course Includes:

- What Is First Aid?
- First Aid In The Workplace
- Responsibilities of the First Aider
- Primary Survey
- Unconscious Casualty Management
- Resuscitation
- Choking
- Shock
- Wounds and Bleeding
- Minor Burns
- Seizures

Additional topics can be delivered on request although delivery time may need to be extended.

**“ Marcus, highly recommended by other local businesses, brings a unique blend of formal qualifications and real-life experience as a firefighter with the Greater Manchester Fire Service, a retained firefighter in Holmes Chapel, and a boxing trainer at Holmes Chapel Boxing. ”**

# QNUK Level 3 Award In First Aid At Work

## Who Is This For?

**This qualification is typically delivered over 3 days. It is for those working in higher risk workplaces, or lower risk workplaces with larger numbers of staff and visitors.**

**The qualification is open to those over 14 years of age, however only those over 16 can act as a sole first aider within a workplace.**



**This qualification has been developed to meet the first aid training requirements outlined by the H.S.E.**

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## Key Points

**Regulated Qualification**

**Meets HSE Requirements**

**18 Guided Learning Hours  
(3day)**

**Valid For 3 Years**

**Certificate Included**

**Assessed By MCQs and  
practical observation**



## Course Content

**This Course Includes:**

**What is First Aid?**

**First Aid In The Workplace**

**First Aider Responsibilities**

**Primary Survey**

**Unconscious Casualty**

**Resuscitation**

**Choking**

**Shock**

**Wounds and Bleeding**

**Heart Attack**

**Anaphylactic Shock**

**Head Injuries**

**Stroke**

**Seizures**

**Diabetes**

**Fractures**

**Poisons**

**MARCUS AMROONI  
BOXINGCPR@GMAIL.COM**

**07865745660**

**BOXCPR.COM**

**NORTHWEST ENGLAND**



# QNUK Level 3 Award in Responding to Incidents with an AED



## Key Points

### Who Is This For?

This qualification is typically delivered over a half day, or as a bolt on to a full First Aid Course. The intention is for learners to be able to use an AED with confidence. They will also understand the correct use, storage and maintenance.

This is perfect for those who have an AED in their workplace.

- Regulated Qualification
- Written To UK RESUS council protocols
- 3 Guided Learning Hours
- 5 Hours total qualification time
- Valid for 1 year
- Certificate Included
- Assessed By MCQs and practical observation



## CPR First Aid Training

If you require any additional services or quotes please don't hesitate to contact us using:

**BOXINGCPR@GMAIL.COM**

## Course Content

This qualification has been developed to meet recognised training requirements and has been written to the UK resuscitation council protocols.

### This Course Includes:

- Primary Survey
- Recovery Position
- Adult CPR
- Child/Drowning Adult CPR
- Safety Considerations
- Safe Use Of The AED
- Handing Over To The Emergency Services

Additional topics can be delivered on request although delivery time may need to be extended.

“

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The curriculum Marcus designed was far from the mundane checklists one might expect; it was an engaging, hands-on experience that breathed life into the lifesaving skills we were about to learn.

# QNUK Level 3 Award In Paediatric First Aid (RQF)

## Who Is This For?

This qualification is typically delivered over 2 days. It is ideal for any early years practitioners requiring a paediatric first aid qualification, as outlined in the EYFS.

The qualification is particularly useful where only one first aider may be available. For Example:

**Childminders**  
**School Staff (on trips)**  
**Nurseries**



**This qualification has been developed to meet the first aid training requirements outlined by the EYFC.**

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## **Key Points**

**Regulated Qualification**

**Meets EYFS Requirements**

**12 Guided Learning Hours  
(2day)**

**Valid For 3 Years**

**Certificate Included**

**Assessed By MCQs and  
practical observation**



## **Course Content**

**This Course Includes:**

**What is First Aid?**

**First Aid In The Early Years**

**First Aider Responsibilities**

**Primary Survey**

**Unconscious Casualty**

**Child and Infant Resuscitation**

**Choking**

**Shock**

**Wounds and Bleeding**

**Minor Burns**

**Breathing Disorders**

**Seizures**

**Head Injuries**

**Fractures**

**Childhood Conditions**

**Allergic Reactions**

**Heat and Cold**

**MARCUS AMROONI  
BOXINGCPR@GMAIL.COM  
07865745660  
BOXCPR.COM  
NORTHWEST ENGLAND**

# QNUK Level 3 Award In Emergency Paediatric First Aid (RQF)



## Who Is This For?

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This qualification is typically delivered over 1 day. It is ideal for any early years practitioners working in a setting that has existing staff with the QNUK Level 3 award in Paediatric First aid qualification, or similar.

The qualification is also useful for parents or family members and unregulated child carers such as nanny's and Au pairs.

## Key Points

- **Regulated qualification**
- **Meets EYFS requirements**
- **6 Guided learning hours (1 day)**
- **Valid for 3 years**
- **Certificate included**
- **Assessed by MCQs and practical observation**

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**MARCUS AMROONI**

**BOXINGCPR@GMAIL.COM**

**07865745660**

**BOXCPR.COM**

**NORTHWEST ENGLAND**

## **Course Content**

**This qualification has been developed to meet the first aid training requirements outlined by the EYFS.**

**The course includes:**

- **What is first aid?**
- **First aid in the early years setting**
- **Responsibilities of the first aider**
- **Primary survey**
- **Unconscious casualty management**
- **Child and infant resuscitation**
- **Choking**
- **Shock**
- **Wounds and bleeding**
- **Minor burns**
- **Seizures**
- **Allergic reactions**



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